

**Course Description****DAA2207 | Advanced Ballet | 2 credits**

This course builds on the central principles established in Ballet 2, Ballet Dance 2, and Intermediate Ballet. It emphasizes building physical strength in order to execute the demands of advanced level technique and introduces the student to advanced level concepts, techniques, steps, terminology, and theory. It also deeply applies proper alignment, balance, coordination, and application of a range of musical meters, and places further emphasis on musicality, as well as precision of line and exactness of movement. Advanced level exercises at the barre and center floor. Prerequisite: successful completion of Ballet 2, Ballet Dance 2 or Intermediate Ballet, and department recommendation. May be repeated for credit. (1 hour lecture; 2-4 hour lab)

**Competency 1:**

The student will combine movements into phrasing using musicality and movement vocabulary at an advanced level, incorporating aesthetic qualities of dynamics and phrasing by:

- Using advanced movement vocabulary to execute movement phrases
- Practicing varied movement combinations at the advanced level, with attention to musicality, physicality, alignment, and aesthetic presentation
- Developing consistency in performing movement phrases at the advanced level

**Learning Outcomes:**

Demonstrate an appreciation for aesthetics and creative activities

Describe how natural systems function and recognize the impact of humans on the environment

**Competency 2:**

The student will refine an awareness of correct body alignment and placement combined with physical movement at the advanced level by:

- Continuing to develop an understanding of principals of anatomical alignment and by successfully integrating them into movement phrases at the advanced level
- Practicing physical movement related to an advanced level of study, including increased complexity of movement material and supported by greater strength, coordination, and physicality
- Developing an awareness of individual movement patterns and applying principles of body alignment to advanced movement material

**Learning Outcomes:**

Demonstrate an appreciation for aesthetics and creative activities

Describe how natural systems function and recognize the impact of humans on the environment

**Competency 3:**

The student will integrate choreographic dance phrases of classical ballet through physical repetition of movement and execution of acquired skills, leading to an advanced level of performance skills by:

- Practicing movement phrases at the advanced level to music
- Continuing to develop movement coordination and placement appropriate to this technique
- Strengthening coordination and musculature necessary to support the movement phrases at the intermediate level

**Learning Outcomes:**

Demonstrate an appreciation for aesthetics and creative activities

Describe how natural systems function and recognize the impact of humans on the environment

Demonstrate knowledge of diverse cultures, including global and historical perspectives